

# Homeopathy Latest News:

## Homeopathy Works Against Leptospirosis in Cuba

As reported in the 2008 Scientific Research in Homeopathy Conference (sponsored by The



CMA) a large scale (11m population; 2.3m given homeopathic treatment) study on the use of Homeopathy to treat Weil's Disease (Leptospirosis) in Cuba, has just been reported on in detail in the journal 'Homeopathy'.

In Cuba, facing a Leptospirosis epidemic in 2007, and a severe shortage of vaccine, the Government treated all the people living in the most severely affected region (over 1 years old) homeopathically (2.3m).

Within a few weeks the number of cases had fallen from 38 to 4 cases per 100,000 per week.

Interestingly, as Cuba is a communist country and the medical system there is not profit driven - the company that manufactured the homeopathic remedy is The Finlay Institute. This company normally manufactures vaccines - but felt that there was sufficient evidence that the best medicine to use against leptospirosis would be the homeopathic one - as it outperformed the vaccines.

Read more here: <http://bit.ly/9iDYRk>

## Victory for Homeopathy

The Government has officially confirmed homeopathy's continuing role in the NHS - ensuring that patients can continue to benefit from it. The Government response states that 'local NHS and clinicians, rather than Whitehall, are best placed to make decisions on what treatment is appropriate for their patients - including complementary or alternative treatments such as homeopathy - and provide accordingly for those treatments.'

A statement from Dr. Sarah Eames, President of the Faculty of Homeopathy states: 'As a doctor who practices homeopathy on the NHS, I know homeopathy is an important part of our health service helping tens of thousands of patients annually, a majority of whom have not been helped sufficiently with conventional treatments. I am pleased to see the government, contrary to the recommendations of the Science and Technology's report, agrees that homeopathy has a place in the NHS and offers choice to both patients and local purchasers of healthcare.'

Read more here: <http://bit.ly/bu7j5h>

## Hugely Successful Homeopathic Out-Reach for the Homeless in Cambridge:

WinterComfort is a Cambridge-based charity providing support for homeless and rough sleepers. A 1-year homeopathic project started in September, and saw about 50 service-users taking advantage of this service. The project was run by Thierry Clerc, a local clinical homeopath.

The majority of consultations focused on acute and physical ailments, with muscular tension, cuts and skin infection the top complaints. Acute homeopathic prescription, using well-known remedies such as Arnica, Rhus Tox, Bryonia or Hepar Sulf showed spectacular results.

Beside homeopathy, a strong emphasis on hygiene and hydration proved very helpful: most service users were also suffering from additional problems. Thus, by ensuring that people were increasing their intake of water, the body had a chance to eliminate and function more normally.

For these cases, the use of combination remedies was preferred as this approach supported both the mental state and a body weakened by drugs or poor diet.

About 20% of the consultations were chiefly about mental and emotional issues. In this area, it was more difficult to gauge the success. Many users coming to WinterComfort do not necessarily stay in Cambridge for a sustained amount of time. This means that they were not able to come for regular visits. However, many reported a clear and positive impact of actually being offered a thorough consultation. There was at least one case of a service-user coming back every month from Haverhill to have a repeat-treatment.

The main learning from this project was that, in such an environment, a practitioner requires a flexible and open approach to work with the service-users. It was also important to work closely with all the services that the charity provides. Finally, it was extremely important to keep the prescription extremely simple, with no more than one or 2 pills a day, or more when needed, and ideally in water.

## Homeopathic Experiment in Rat Model: Remedy Protects Liver from Toxicity and Tumours: Placebo Effect?

In a recent study, rats were experimentally treated so that they would develop liver toxicity and liver tumours. They were then given 'Chelidonium' - a homeopathic medicine known for its liver protective effects. The potencies used were 30c and 200c - both of these remedies are beyond 'Avogadro's number'.

Based upon the structure of the trial, I believe that it is unlikely that the placebo effect was responsible for the protective action of the homeopathic remedy.

The experimenters concluded that "Both the potencies of Chelidonium exhibited anti-tumor and anti-oxidative stress potential against artificially induced hepatic tumors and hepato-toxicity in rats. More studies are warranted."

Read more here: <http://bit.ly/aymGGK>

